



LABOUR DAY PUBLIC HOLIDAY Monday 11 March

Open: 8 am to 6 pm

Group Fitness Timetable:

1. 8.30 am **Active Seniors**
2. 9.30 am **Water Workout**
3. 9.30 am **Body Attack**
4. 10.30 am **Cycle**
5. 10.30 am **Pilates**
6. 11.30 am **Body Balance**
7. 12.30 am **Body Pump Xpress**

Services:

**No Childcare or Swimming Lessons
running on this day.**